



# GREATER REGIONAL MEDICAL CENTER

## CONCUSSION VITAL SIGNS PARENTAL CONSENT FORM

I consent to have my son/daughter (Name) \_\_\_\_\_  
participate in the Concussion Vital Signs Concussion program.

I understand the testing consists of a computerized pre-test to establish baseline values. These values will only be used for comparisons if your son/daughter is referred to the Concussion Vital Signs Program following a possible concussion. There are no risks associated with this test. The benefits of the program include increased information following a concussion.

All test scores are stored in a national database and are completely confidential. I understand that Southwest Valley High School or Greater Regional Medical Center may release the Concussion Vital Sign's results to my child's primary care physician, neurologist or other treating physician.

Please bring this signed Consent Form the day of the pre-test. You can **NOT** be tested without the signed Consent Form.

Parent/Legal Guardian signature \_\_\_\_\_

Date/Time \_\_\_\_\_

High School \_\_\_\_\_

Risks and benefits have been explained to me and the pre-test will be completed by:

- Chris Leonard, LAT, ATC, CSCS
- Kelsi Huseman, MEd, LAT, ATC
- Matt Long, MEd, LAT, ATC



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Southwest Valley High School (SWVHS) has partnered with Greater Regional Medical Center (GRMC) in Creston, Iowa, for athletic training coverage services. GRMC athletic trainers will be helping Southwest Valley High School with their concussion management policy. This year we are implementing a computerized neurocognitive test that will give us normal baselines for each student-athlete in the areas of: verbal and visual memory, reaction time, executive function, neurocognitive index, psychomotor speed, cognitive flexibility and continuous performance. Additional information about the program and testing can be found at [www.concussionvitalsigns.com](http://www.concussionvitalsigns.com).

All sports carry the potential for injury. For student athletes' developing brains, the risk of concussion may be the greatest risk of all. Hundreds of thousands of student athletes suffer concussions each year - injuries that may lead to chronic difficulties in everyday activities of learning, remembering, concentrating, and solving problems.

Concussion Vital Signs (CVS), which is designated for student athletes, aligns to current sports concussion management guidelines. This scientifically based system, used as part of a medical evaluation, helps facilitate confident return-to-play decisions while helping to protect the future of student athletes in sports, academics, and life.

Student athletes will take baseline tests every 2 years. All student athletes who participate in collision or contact sports will be required to take the test. This includes, but is not limited to: football, volleyball, baseball, softball, boys and girls basketball, wrestling, hurdlers and pole vaulters in track and field. The test will take between 30-45 minutes and will be taken before the student athletes' first sport season begins. Student athletes who record invalid or abnormal baseline test scores may be asked to retest. Those student athletes with abnormal baseline tests, who have had previous head injuries, may also be asked to see a physician trained in concussion management or a neurologist before cleared for sport. It is imperative that student athletes with academic modifications or previous head injuries, report their history to the school nurse or athletic trainer administering the test.

Feel free to contact Kelsi Huseman, Certified Athletic Trainer at Greater Regional Medical Center (641) 782.3510 if you have any questions or concerns. Thank you for your time.